

Your Rights and Responsibilities

You have the right to:



Ask for help to access our services



Choose your supports



Plan your services and supports



Understand the costs of our services



Have help to achieve your goals



Have information that is easy to understand



Be treated with respect and dignity



Make a complaint and be heard



Choose your support workers



Have your information kept private and safe



Have an advocate or someone to help you



Autonomy, including intimacy and sexual expression

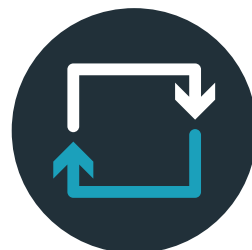
Your responsibilities:



Ask for help if you need it



Let us know if you need to cancel a shift



Ask for changes to your supports



Let us know if you have a problem